



Frequently Asked Questions – Benefits

Q: **Where can I find more details on our benefits plan?**

A: Visit: myslpsbenefits.com or call the SLPS Benefits Call Center at 1-888-715-1914 (Monday - Friday, 7 a.m. - 7 p.m. CST).

Q: **Who are the Medical, Dental, and Vision Plan Carriers with the district?**

A:

Medical: United Healthcare

Dental: Delta Dental of Missouri

Vision: Vision Benefit of America

Q: **I want to retire, what is the process?**

A: Complete the following form to start the resignation or retirement process:

<https://lf.slps.org/Forms/ResignationForm>

Q: **What is a 403(b) and how can I start contributing?**

A: A 403(b) plan is a retirement plan for public schools and certain charities, similar to a 401(k). It allows employees to defer some salary into individual accounts, with deferred salary generally not subject to federal or state income tax until distributed.

Approved vendors are listed on our benefits portal. Please reach out to Rebecca Anderson the benefits coordinator at 314-345-2282 for more details.

Q: **Where can I find more details on the Wellness Program and upcoming events?**

A: Information on our wellness program is available here:

<https://www.slps.org/domain/10804>

Q: **Do we offer EAP Services?**

A: Yes, we offer services through Optum that provide personal support for a range of needs. All services are private and confidential. More information:

<https://www.slps.org/Page/79455>

Q: How can I update my beneficiaries listed?

A: To update your beneficiaries, visit myslpsbenefits.com, click on "Change My Benefits," then under "Basic Info," choose "Change of Beneficiary."